

THE SKIN DEEP METHOD™ – Monthly Schedule



LEVEL 1: INFUSE

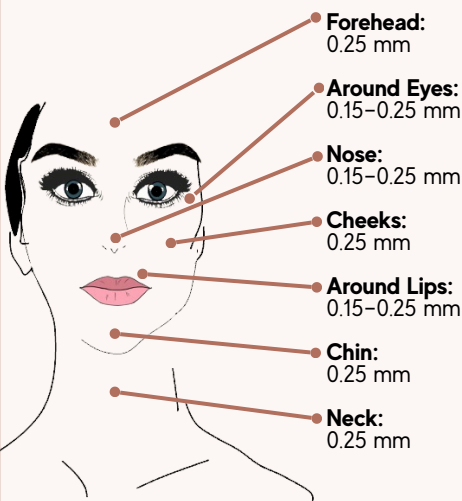
HYDRATE • NOURISH • GLOW



WEEK	TREATMENT	AFTERCARE
WEEK 1	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 2	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 3	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 4	REST OR LIGHT INFUSION	Routine Skincare
🔄 WEEKS 5-8: REPEAT WEEKS 1-4 OR LEVEL UP TO 2: STIMULATE WEEKS 1-4		

 **YOUR PROTOCOL**

Cartridge: Nano
Depth: 0.15-0.25
Speed: 2



 **AVOID**

- ✗ Makeup
- ✗ Sweating/Saunas Intense Exercise
- ✗ Vitamin C
- ✗ Tretinoin/ Retinoids
- ✗ Acids (AHA/BHA)
- ✗ Excess Sun Exposure

If following a Skin Deep Monthly Schedule, it is recommended to pause Vitamin C and Tretinoin during the treatment and recovery period

 **WHAT TO EXPECT**

-  **MILD PINKNESS**
0-24 HOURS
-  **INCREASED GLOW**
IMPROVED RADIANCE
-  **BETTER PRODUCT ABSORPTION**
MAXIMIZE YOUR SKINCARE
-  **MINIMAL DOWNTIME**
EASY TO FIT INTO YOUR ROUTINE
-  **Your skin improves during healing-- not during treatment**



Skin Deep Nikki Tip:

Shop supplies at getglowingnowskincare.com – use code NIKKI15 for 15% off

Build healthier skin from the inside out through strategic stimulation, proper repair, and consistent care.

