

Health Boosters from AceCosm – Code: NIKKI10

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What is [Glutathione](#)?

Glutathione, a powerful antioxidant composed of three amino acids—glycine, glutamic acid, and cysteine—plays a vital role in neutralizing free radicals, detoxifying harmful chemicals, and supporting numerous chemical reactions in the body. Its levels decrease with age, affecting both health and appearance, and contributing to diseases like cancer, diabetes, and neurological disorders.

Skin Benefits of Glutathione:

1. **Antioxidant Power:** Combats free radicals from pollution and UV exposure, preventing skin damage.
2. **Elasticity and Rejuvenation:** Enhances collagen and elastin production, improving skin hydration and elasticity.
3. **Detoxification:** Supports liver function, clearing toxins that can affect skin health.
4. **Pigmentation Reduction:** Lightens skin by reducing melanin production, evening out skin tone.
5. **Anti-inflammatory:** Reduces skin inflammation and promotes healthy cell function.
6. **Immunity Boost:** Strengthens the immune system, beneficial for skin health.
7. **Skin Whitening:** Offers a brighter, more even skin tone and reduces dark spots and blemishes.
8. **Youthful Appearance:** Smoothens skin texture for a more youthful look.



Benefits and Side-Effects:

While glutathione injections offer significant skin health benefits, potential side effects range from weight gain and nausea to more serious conditions like asthma and skin rashes. The severity of side effects varies based on dosage and individual response.

Glutathione Injection Protocol:

Typically, 600-1200 mg is administered twice a week, with the exact regimen tailored by a healthcare provider. For skin whitening, 8-10 sessions are generally needed, with specific intervals between treatments.

Application Method:

Glutathione injections are administered intravenously, with frequency and dosage determined by a dermatologist. Visible results can be expected within 6-8 weeks of starting treatment.

Aftercare:

Minimal aftercare is required, though applying an ice pack to the injection site can provide comfort. Normal activities can be resumed immediately post-treatment, with any discomfort managed as advised by a healthcare provider.

IM Administration Protocol:

Preparation:

- Alcohol wipe
- Sterile 2 x 2 gauze pad
- New needle and syringe
- Cotton ball

Administration Sites:

- Hip
- Upper arm (depending on muscle size)
- Buttocks

Procedure:

1. Confirm correct medication and dosage.
2. Thoroughly wash and dry hands.
3. Locate and clean injection site with alcohol wipe.
4. Remove needle cap.
5. Hold muscle around the site.
6. Insert needle straight into muscle at a 90-degree angle.
7. Inject medication.

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8. Withdraw needle straight out.
9. Apply pressure with cotton ball.

IV Administration Protocol:

Preparation:

- Tourniquet for vein identification
- Local anesthetic for numbing the injection site
- Needle for initial puncture
- Catheter tube to maintain vein access
- Access cap for medication administration
- Syringe for medication delivery
- IV bags and lines for infusion
- Gauze, bandage, and medical tape for site protection

Procedure:

1. Inject a needle into the person's vein.
2. Advance a small plastic catheter over the needle into the vein.
3. Withdraw the needle, leaving the catheter in place.
4. Apply an access cap to the catheter for subsequent medication administration.

Drip Infusions:

1. Suspend an IV bag above the patient to utilize gravity for steady infusion.
2. Ensure the infusion flows down through the line into the vein.

Dosage: 600-1200 mg/day (average), up to 2000 mg (max)

Number of Glutathione Injections for Skin Whitening

The precise number of glutathione injections needed for achieving your desired skin whitening effect hinges on several personal factors, including your natural skin tone, specific whitening goals, and how your body responds to the treatment. Given the variability in individual skin types and conditions, seeking a thorough evaluation from a qualified healthcare provider is essential. This professional assessment will help in identifying the extent of pigmentation concerns, establishing the appropriate dosage, and outlining the treatment's duration to ensure both safety and efficacy. As each person's reaction to glutathione can differ markedly, having an informed discussion with your healthcare provider about the potential benefits and risks is key to tailoring a treatment plan that aligns with your skin whitening aspirations.

Ingredient: Glutathione 1200mg

Composition: 1200mg * 10

Storage: Store in a cool, dry place between 1C - 30C

Shelf Life: 36 months from manufacturing date

What is **Glutanex Tab**?

Glutathione is a potent antioxidant that is frequently used in skincare procedures and treatments. It helps with rejuvenation and provides nutrients for whitening care, bringing out a beautiful and radiant glow and enhancing the appearance of your skin. Additionally, it contributes to the enhancement of liver functions, making it work better and boosting your overall health.

Key features

- **Powerful Antioxidant:** Anti-aging and wrinkle improvement
- **Melanin Suppression:** Skin whitening, reduce the appearance of dark spots, hyperpigmentation, and uneven skin tone
- **Improves liver functions:** Melanin suppression and improving liver functions from chemical poisoning, alcohol poisoning, and chronic liver diseases.
- **Vitamin regeneration:** Can help regenerate vitamins C and E
- **Immune support:** Can help support immune function

Key Ingredients

- 100mg of Glutathione / tablet.

Quantity and administration

- Oral administration
- 100 Tablets per bottle.
- Adults should take 1 to 3 tablets once daily. Do not exceed 6 tabs per day.
- This glutathione supplement covers up to 3 months of daily use

Storage

- Store in a sealed container at room temperature (between 1~30°C).



Triamcinolone Acetonide Injection 40 mg/ml is a synthetic corticosteroid designed to treat various inflammatory conditions. This medication is particularly beneficial for patients unable to take oral medications. The injection is available in single-dose vials containing 40 mg of Triamcinolone Acetonide per 1 ml suspension. It is highly effective in reducing inflammation, alleviating pain, and improving symptoms related to numerous medical conditions.

Therapeutic Uses

Triamcinolone Acetonide Injection is used for the short-term treatment of the following conditions:

- Severe allergies and skin conditions
- Joint pain, swelling, and stiffness from arthritis
- Gout
- Various inflammatory disorders
- Certain eye diseases
- Blood diseases
- Breathing problems like asthma
- Hormone problems
- Intestinal disorders
- Autoimmune disorders



Administration

This medication is administered intramuscularly (into the muscle) or intra-articularly (into the joint). It should only be given by or under the immediate supervision of a healthcare professional.

Reconstitution Recommendations

Materials Needed:

- Triamcinolone Acetonide Injection 40 mg vial
- Sterile diluent (e.g., saline or sterile water for injection)
- Syringe (appropriate volume)

Steps:

1. Clean vial stopper with alcohol swab
2. Withdraw 1 ml of sterile diluent with syringe.
3. Inject into vial containing 40 mg Triamcinolone Acetonide.
4. Swirl gently until powder fully dissolves.

Total concentration after reconstitution: 40mg/ml

Administration Protocol

Route of Administration

Intramuscular (IM) Injection: Deep intramuscular injection into the gluteal muscle (upper, outer quadrant). Avoid the deltoid muscle due to the risk of subcutaneous fat atrophy. Alternate sides should be used for subsequent injections.

Intra-Articular (IA) Injection: Injection into joint spaces, tendon sheaths, or bursae. Avoid injecting into the Achilles tendon due to the risk of tendon rupture.

Dosage

Adults and Children Over 12 Years:

Initial dose: 40 mg (1.0 ml) deep IM injection into the gluteal muscle.

Subsequent doses depend on patient response and duration of relief.

Important Considerations

- Use aseptic techniques during administration.
- Do not mix with other medicinal products physically.
- The duration of effect is variable; administer subsequent doses based on symptom recurrence rather than fixed intervals.
- Avoid abrupt withdrawal in patients receiving more than physiological doses (more than one injection in a three-week period); taper the dose gradually.
- In patients requiring long-term therapy, adjust dosage intervals and gradually reduce the dose to prevent adrenal insufficiency.

Contraindications

- Hypersensitivity to any components of the injection.
- Systemic infections unless specific anti-infective therapy is employed.
- Not recommended for intravenous, intrathecal, epidural, or intraocular administration.
- Not recommended for children under six years old.

Special Precautions

- Avoid contact with people who have infections (colds, flu, etc.) due to immune suppression.
- Monitor blood sugar levels closely in diabetic patients.
- Long-term use may require vitamin and mineral supplements to prevent bone weakening (osteoporosis).
- Patients should carry steroid treatment cards with details of the prescriber, drug, dosage, and duration of treatment.
- Avoid live vaccines during therapy.

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Side Effects

- Agitation or trouble sleeping
- Increased appetite
- Dizziness
- Headaches
- High blood sugar
- Pain, redness, or swelling near the injection site
- Menstrual changes
- Stomach upset or abdominal pain
- Weight gain

Seek immediate medical help if you experience any of the following serious side effects:

- Severe allergic reactions (difficulty breathing, rash, itching, swelling)
- Bleeding or bruising
- Bone pain
- Vomiting blood or coffee-ground-like vomit
- Swelling of legs, feet, or hands
- Fever or chills
- Fast or irregular heartbeats
- Severe mood changes
- Muscle pain or weakness
- Seizures
- Shortness of breath
- Thinning of the skin
- Dark, tarry stools
- Persistent or unusual thirst
- Yeast infections

Drug Interactions

Inform your healthcare provider about all medications you are taking, including prescription, over-the-counter, vitamins, and herbal supplements.

This medication may interact with:

- Aspirin and NSAIDs
- Blood thinners like warfarin
- Certain antibiotics and antifungals
- HIV medications
- Diabetes medications
- Thyroid medications

Special Considerations

- Not recommended for use during pregnancy or lactation without medical advice.
- Close supervision required for elderly patients and those with a history of severe psychiatric disorders.
- Avoid use in children under six years old.
- Should not be used in certain types of infections or unstable joints.

Storage

Store below 30°C

Protect from light

Package: Triamcinolone 40mg x 30 vials

Note: This description provides an overview and important details about Triamcinolone Acetonide Injection. Always follow the advice and directions of your healthcare provider for best results.

Hycomin Vitamin B

Containing high levels of hydroxycobalamin. These vaccinations, which can be given on their own or prescribed by a doctor, are important for growth, cell reproduction, hematopoiesis, and protein and tissue synthesis, and can rapidly increase B-12 levels in a deficient person.

- **Usage:** Adult: 5.000mg I/ M or intravenously as hydroxocobalamin once a day. Continue treatment with the lower dose depending on the clinical response.

Ingredient: hydroxocobalamin (USP)

Composition: 2ml x 50 Amps.

Storage: Store in a cool, dry place at a temperature of between 2C - 28C, away from direct sunlight.

Shelf Life: 24 months from manufacturing date



B-colamin Vitamin B12

B-colamin is a vitamin B12 supplement available in a 2ml x 50 ampoule package. Each ampoule contains 5 mg of hydroxocobalamin. Vitamin B12, also known as cobalamin, is a vital water-soluble vitamin that plays a crucial role in various bodily functions.

Application area:

- Intramuscular method

Ingredient: Hydroxocobalamin

Composition: 2ml x 50 ampoules

Storage: Store in a cool, dry place at a temperature of between 2C - 28C

Shelf Life: 24 months from manufacturing date



Laennec is the ethical product manufactured with JBP's unique technologies for effective extraction of variety of growth factors, cytokines, and other physiologically active substances from the human placenta.

Laennec is widely used to rejuvenate and regenerate the skin and soft tissues of the body. Laennec also successfully copes with rashes and minor dermatological problems that women may face in skin care.

Application area:

- Acne treatment
- Baldness treatment
- Lifting injections
- Treatment of age-related hyperpigmentation
- For preparation and in the process of rehabilitation during plastic surgery
- To prepare for contour plastic
- To accelerate rehabilitation processes during deep peeling and laser resurfacing

Ingredient: Water-soluble substance of a product of enzymatic human placenta

Composition: 2ml x 50 Amps.

Storage: It is recommended to store the medicine in a dark place at a temperature not exceeding 25C.

Shelf Life: 3 years from the date of production.



Melsmon is a Japanese product based on placenta hydrolyzate. It contains a lot of biologically active components that start the processes of recovery and renewal in the body. For the last 10 years, Melsmon has been popular in cosmetology, because mesotherapy with it helps to restore freshness and firmness to the skin in a natural way.

Application area:

- Faces (eyelids, cheeks, forehead, chin, cheekbones, area around the lips)
- Neck
- Neckline
- Hairy part of the head

Ingredients: Hydrolyzed human placenta. Benzyl alcohol (preservative), sodium hydroxide.

Composition: 50 vial x 2 ml

Storage: Place protected from light, temperature up to 25C

Shelf Life: 2 years from the manufacturing date



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DHNP Vitamin C Injectable Solution: High-Concentration Ascorbic Acid for Health and Aesthetics

Active Ingredient: Each vial of DHNP Vitamin C Injectable Solution contains 10,000 mg (10g/20mL) of Ascorbic Acid, a potent dosage designed for the effective replenishment and boosting of Vitamin C levels in the body.

Indications:

- Prevention and treatment of Vitamin C deficiency and scurvy.
- Increased Vitamin C requirement due to pregnancy, lactation, excessive physical labor, or suspected deficiency/metabolic disorder.
- Conditions such as capillary hemorrhage (including nasal and gum bleeding, hematuria), drug-induced depletion (e.g., salicylate, atropine, ammonium chloride, barbiturate consumption), and support in bone matrix formation and repair post-fracture.
- Aesthetic improvements including pigmentation issues post-freckle, ephelides, infection, photosensitive dermatitis, skin tone brightening, and anti-aging.



Benefits:

- **Skin Rejuvenation:** Maintains smooth, healthy skin and provides an energy boost at the cellular level.
- **Cellular Protection:** Offers potent antioxidant protection against free radical damage.
- **Moisture Retention:** Aids in skin hydration, preventing dehydration for a youthful complexion.
- **Anti-Aging:** Stimulates collagen production, leading to firmer, smoother, and younger-looking skin.
- **Improved Skin Texture:** Reduces wrinkles, enhances skin elasticity, and promotes a soft, vibrant complexion.
- **Heart Health:** Contributes to reduced risk of heart-related issues.

Procedure: Administered intravenously or intramuscularly in the buttock area once a week. Initial treatment recommends one vial due to high Vitamin C concentration, mixable with 10-20 ml solvent (WFI). If needed, the dosage can be divided across two consecutive days, using 1-5 ml of Vitamin C solution diluted in solvent daily.

Recommended Dosage and Administration Protocol:

For information on the necessary dosage and number of injections, it is advised to consult a doctor.

IM Administration Protocol:

Preparation:

- Alcohol wipe
- Sterile 2 x 2 gauze pad
- New needle and syringe
- Cotton ball

Administration Sites:

- Hip
- Upper arm (depending on muscle size)
- Buttocks

Procedure:

1. Confirm correct medication and dosage.
2. Thoroughly wash and dry hands.
3. Locate and clean injection site with alcohol wipe.
4. Remove needle cap.
5. Hold muscle around the site.
6. Insert needle straight into muscle at a 90-degree angle.
7. Inject medication.
8. Withdraw needle straight out.
9. Apply pressure with cotton ball.

IV Administration Protocol:

Preparation:

- Tourniquet for vein identification
- Local anesthetic for numbing the injection site
- Needle for initial puncture
- Catheter tube to maintain vein access
- Access cap for medication administration
- Syringe for medication delivery
- IV bags and lines for infusion
- Gauze, bandage, and medical tape for site protection

Procedure:

1. Inject a needle into the person's vein.
2. Advance a small plastic catheter over the needle into the vein.

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3. Withdraw the needle, leaving the catheter in place.
4. Apply an access cap to the catheter for subsequent medication administration.

Dosage: 500-1000 mg/day (average), up to 10000 mg (max)

Storage: Store between 2-8C, protect from sunlight

Packaging: Each box contains 20ml x 10 vials of DHNP Vitamin C, ensuring a comprehensive course for therapeutic or aesthetic use.

Ideal For: Individuals seeking not only to address Vitamin C deficiencies but also to enhance their skin's health and appearance, with benefits ranging from improved hydration and texture to antioxidant protection and anti-aging effects.



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