



THE SKIN DEEP METHOD™ - Monthly Flow

LEVEL 1: INFUSE



HYDRATE • GLOW • ENHANCE PRODUCT ABSORPTION

WEEK	TREATMENT	AFTERCARE
WEEK 1	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 2	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 3	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 4	REST OR LIGHT INFUSION	Routine Skincare

WEEKS 5-8: REPEAT WEEKS 1-4

YOUR PROTOCOL

Cartridge: Nano
Depth: 0.1-0.25
Speed: 2

- Forehead:** 0.25 mm
- Around Eyes:** 0.15-0.25 mm
- Nose:** 0.15-0.25 mm
- Cheeks:** 0.25 mm
- Around Lips:** 0.15-0.25 mm
- Chin:** 0.25
- Neck:** 0.25 mm

AVOID

- ✗ **Makeup**
- ✗ **Sweating/ Intense Exercise**
- ✗ **Vitamin C**
- ✗ **Tretinoin/ Retinoids**
- ✗ **Acids (AHA/BHA)**
- ✗ **Excess Sun Exposure**

If following a Skin Deep Monthly Flow, it is recommended to pause Vitamin C and Tretinoin during the treatment and recovery period

WHAT TO EXPECT

- Mild Pinkness**
0-24 Hours
- Increased Glow**
IMPROVED RADIANCE
- Better Product Absorption**
MAXIMIZE YOUR SKINCARE
- Minimal Downtime**
EASY TO FIT INTO YOUR ROUTINE
- Your skin improves during healing-- not during treatment**

Skin Deep Nikki Tip:

Build healthier skin from the inside out through strategic stimulation, proper repair, and consistent care.

PROTOCOL • REPAIR • RESULTS

