



THE SKIN DEEP METHOD™ - Monthly Flow

LEVEL 2: STIMULATE



COLLAGEN • FIRMNESS • OVERALL SKIN QUALITY

WEEK	TREATMENT	AFTERCARE
WEEK 1	LEVEL 2 - STIMULATE ROUTINE	7-Day STIMULATE AFTERCARE
WEEK 2	REST OR LIGHT INFUSION	Routine Skincare
WEEK 3	LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 4	LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEKS 5-8: REPEAT WEEKS 1-4		

YOUR PROTOCOL

Cartridge: 12 Pin
Depth: 0.25-1.0 mm
Speed: 4

- Forehead:** 0.5 mm
- Around Eyes:** 0.25 mm
- Nose:** 0.25 mm
- Cheeks:** 0.75-1.0 mm
- Around Lips:** 0.25 mm
- Chin:** 0.75-1.0 mm
- Neck:** 0.5 mm

AVOID

- Makeup**
- Sweating/ Intense Exercise**
- Vitamin C**
- Tretinoin/ Retinoids**
- Acids (AHA/BHA)**
- Excess Sun Exposure**

If following a Skin Deep Monthly Flow, it is recommended to pause Vitamin C and Tretinoin during the treatment and recovery period

WHAT TO EXPECT

- REDNESS**
1-3 DAYS
- HEALTHIER GLOW**
SMOOTHER AND BRIGHTER SKIN
- IMPROVED TEXTURE**
FINE LINES SOFTENED
- COLLAGEN STIMULATION**
FIRMER, HEALTHIER SKIN
- Your skin improves during healing-- not during treatment**

Skin Deep Nikki Tip:

Build healthier skin from the inside out through strategic stimulation, proper repair, and consistent care.

PROTOCOL • REPAIR • RESULTS

