




THE SKIN DEEP METHOD™ - Monthly Flow

LEVEL 3: REFINE

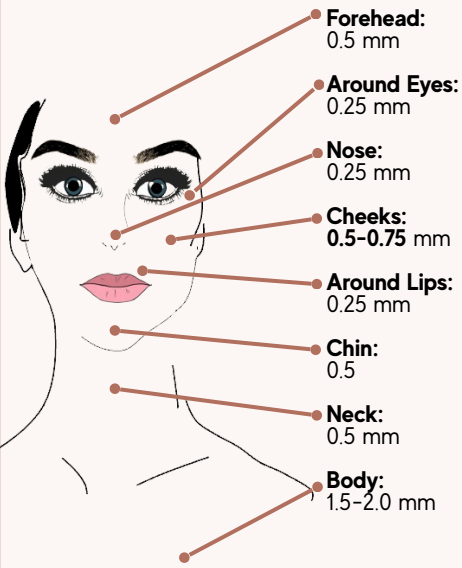


EFFICIENT COVERAGE • SMOOTHING • FACE AND BODY


WEEK	TREATMENT	AFTERCARE
WEEK 1	◆ LEVEL 3 - REFINE ROUTINE	7-Day REFINE AFTERCARE
WEEK 2	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 3	✦ LEVEL 1 - INFUSE ROUTINE	7-Day INFUSE AFTERCARE
WEEK 4	REST OR LIGHT INFUSION	Routine Skincare
↻ WEEKS 5-8: REPEAT WEEKS 1-4		

 **YOUR PROTOCOL**

Cartridge: 36 Pin
Depth: Face: 0.25 - 0.75 mm
Depth Body: 1.5 mm - 2.0 mm
Speed: 4



- Forehead:** 0.5 mm
- Around Eyes:** 0.25 mm
- Nose:** 0.25 mm
- Cheeks:** 0.5-0.75 mm
- Around Lips:** 0.25 mm
- Chin:** 0.5
- Neck:** 0.5 mm
- Body:** 1.5-2.0 mm

 **AVOID**

- ✗ Makeup
- ✗ Sweating/ Intense Exercise
- ✗ Vitamin C
- ✗ Tretinoin/ Retinoids
- ✗ Acids (AHA/BHA)
- ✗ Excess Sun Exposure

If following a Skin Deep Monthly Flow, it is recommended to pause Vitamin C and Tretinoin during the treatment and recovery period

 **WHAT TO EXPECT**

-  **REDNESS**
1-4 DAYS
-  **POLISHING**
SURFACE RENEWAL
-  **SMOOTHING**
TEXTURE REFINING
-  **MODERATE DOWNTIME**
-  **Your skin improves during healing-- not during treatment**

 *Skin Deep Nikki Tip:*

Build healthier skin from the inside out through strategic stimulation, proper repair, and consistent care.

PROTOCOL • REPAIR • RESULTS

